## Academic Planning Sheet

### B.S. Athletic Training

**Colorado State University – Pueblo**

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<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Year</strong></td>
<td><strong>Second Year</strong></td>
</tr>
<tr>
<td>AT 101: Introduction to Athletic Training+</td>
<td>AT 232: First Aid</td>
</tr>
<tr>
<td>AT 130: Exercise Physiology</td>
<td>AT 260: Care &amp; Prevention. of Athletic Injuries+</td>
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<tr>
<td>EXHP 162: Personal Health</td>
<td>BIOL 112: Nutrition</td>
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<tr>
<td>EXHP 162L: Personal Health Lab</td>
<td>ENG 102: English Composition II</td>
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<tr>
<td>MATH 121: College Algebra</td>
<td>General Education</td>
</tr>
<tr>
<td>CIS 100: Intro to Word &amp; Windows</td>
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<tr>
<td>CIS 103: PowerPoint &amp; Web Publishing</td>
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<tr>
<td>CIS 104: Excel Spreadsheets</td>
<td></td>
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<tr>
<td><strong>Total Semester Hours</strong></td>
<td><strong>Total Semester Hours</strong></td>
</tr>
<tr>
<td>16</td>
<td>17</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Third Year</strong></th>
<th><strong>Fourth Year</strong></th>
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<tbody>
<tr>
<td>AT 330: Lower Extremity Evaluation</td>
<td>AT 332: Head, Neck, &amp; Spine Evaluation</td>
</tr>
<tr>
<td>AT 379: Practicum in Athletic Training II</td>
<td>AT 419: Athletic Training Field Experience</td>
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<tr>
<td>AT 419: AT Field Experience</td>
<td>AT 431: Therapeutic Exercise</td>
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<tr>
<td>AT 430: Therapeutic Modalities</td>
<td>AT 479: Practicum in Athletic Training IV</td>
</tr>
<tr>
<td>EXHP 344: Exercise Physiology</td>
<td>Hours outside major/Electives</td>
</tr>
<tr>
<td>EXHP 344L: Exercise Physiology Lab</td>
<td></td>
</tr>
<tr>
<td>General Education</td>
<td></td>
</tr>
<tr>
<td><strong>Total Semester Hours</strong></td>
<td><strong>Total Semester Hours</strong></td>
</tr>
<tr>
<td>16</td>
<td>13</td>
</tr>
</tbody>
</table>

+ Prerequisite

**Disclaimer:** The Academic Planning Sheet is designed as a guide for students planning their course selections. The information on this page provides only a suggested schedule. Actual course selections should be made with the advice and consent of an academic advisor. While accurately portraying the information contained in the college catalog, this form is not considered a legal substitute for that document. Students should become familiar with the catalog in effect at the time in which they entered CSU-Pueblo.
**ACADEMIC PLANNING SHEET**

**COLORADO STATE UNIVERSITY - PUEBLO**

**B.S. ATHLETIC TRAINING**

**2011-2012 CATALOG**

**General Education Requirements:** 18 semester hours

- ENG 101: English Composition I (3)
- ENG 102: English Composition II (3)
- Mathematics Course (3)
  - MATH 121: College Algebra (4) **
- Humanities Courses (9)
  - SPCM 103: Speaking and Listening (3) **
- History Course (3)
- Social Sciences Courses (6)
  - PSYCH 151: Human Development (3) **
  - OR PSYCH 100: General Psychology (3) **
- Natural and Physical Sciences Courses (8) (2 courses with labs)
  - EXHP 162: Personal Health (3) **
  - EXHP 162L: Personal Health Lab (1) **
  - BIOL 223: Human Physiology & Anatomy I (3) **
  - BIOL 223L Human Physiology & Anatomy I Lab (1) **

<table>
<thead>
<tr>
<th>Course Completed elsewhere</th>
<th>CSU-Pueblo equivalent</th>
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<tbody>
<tr>
<td>(Ex: English 101)</td>
<td>(Ex: English 101)</td>
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</tbody>
</table>

**Major Requirements:**

- Core Course Requirements for EXHP Emphasis Areas: 25 sem. hours
  - AT 101 Introduction to Athletic Training (2) **
  - BIOL 112: Nutrition (3) **
  - EXHP 162: Personal Health (3) **
  - EXHP 162L: Personal Health Lab (1) **
  - EXHP 222: Behavior Facilitation (3)**
  - EXHP 343: Measurement and Evaluation (3) **
  - EXHP 344: Exercise Physiology (3) **
  - EXHP 344L: Exercise Physiology Lab (1) **
  - EXHP 364: Kinesiology (3) **
  - EXHP 443: Admin in Athletic Training (3) –replaces EXHP 461

**Major Requirements cont.:**

**Athletic Training Program: 65 semester hours**

- AT 231: CPR/AED for the Professional Rescuer (1) **
- AT 232: First Aid (2) **
- AT 260: Care and Prevention of Athletic Injuries (3) **
- AT 279: Practicum in Athletic Training I (2) **
- AT 323: Functional Exercise Training (2)
- AT 330: Lower Extremity Evaluation (3)
- AT 331: Upper Extremity Evaluation (3)
- AT 332: Head, Neck, and Spine Evaluation (3)
- AT 339: Clinical Pathology and Assessment (3)
- AT 379: Practicum in Athletic Training II (1)
- AT 389: Practicum in Athletic Training III (1)
- AT 419: Athletic Training Field Experience (8)
- AT 430: Therapeutic Modalities (3)
- AT 431: Therapeutic Exercise (3)
- EXHP 436: Exercise Assessment & Leadership (3)
- AT 479: Practicum in Athletic Training IV (1)
- AT 488: BOC Test Prep (1)
- AT 489: Practicum in Athletic Training V (1)
- BIOL 223: Human Physiology & Anatomy I (3) **
  - BIOL 223L: Human Physiology & Anatomy I Lab (1)**
  - BIOL 224: Human Physiology & Anatomy II (3) **
  - BIOL 224L: Human Physiology & Anatomy II Lab (1)**
  - CIS 100: Intro to Word and Windows (1) **
  - CIS 103: Power Point and Web Publishing (1)**
  - CIS 104: Excel Spreadsheets (1) **
  - MATH 121: College Algebra (4) **
  - PSYCH 151: Intro to Human Development (3) **
  - OR PSYCH 100: General Psychology (3) **
  - SPCM 103: Speaking and Listening (3) **

(Courses italicized meet General Education requirements)

**Hours Outside the Major: 12 semester-hours**

**Course may be taken Fall or Spring**

**Institutional Graduation Requirements:**

- Total of 120 semester hours, minimum.
- Complete a minimum of 40 semester hours in upper-division courses.
- Overall cumulative grade point average of 2.00.
- A minimum of 60 sem. hours must be earned from a four year institution. Of these, a minimum of 30 sem. hours of credit must be earned in residence.
- Of the last 30 semester credits earned immediately preceding graduation, no more than 15 may be completed at other colleges or universities.
- All other requirements as specified in the Catalog.

**Additional Major Graduation Requirements:**

- Complete the major of study with a cumulative GPA of 2.75 or higher
- Earn a minimum grade of a “C” in all prerequisite and major courses
- Receive grades of no less than “B” in all AT courses
- Earn a cumulative of 2.0 or higher in required English and speech communication courses.
- Acceptance into the major.

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